

# Starters

<b>Garlic Ciabatta Bread</b> V GFO .....	<b>£8.00</b>
<b>Cheesy Garlic Ciabatta</b> V VE GFO .....	<b>£8.75</b>
<b>Soup of the Day</b> GFO.....	<b>£8.75</b>
With crusty bloomer	
<b>Vegan Buffalo Wings</b> VE.....	<b>£10.00</b>
With salad, chilli sauce and vegan garlic mayo	
<b>Aromatic Duck Pancakes</b> .....	<b>£12.00</b>
With julienne cucumber, spring onion & hoi sin sauce	
<b>Cartmel Valley Smoked Salmon &amp; Prawns</b> GFO .....	<b>£12.00</b>
With pea shoots, avocado puree, dill pickled cucumber & brown bread & butter	
<b>Morecambe Bay Potted Shrimps</b> GFO.....	<b>£12.00</b>
Served on a toasted muffin	
<b>Tomato &amp; Mozzarella Salad</b> V.....	<b>£11.00</b>
With pesto and fresh basil	
<b>Garlic Mushrooms</b> V GFO.....	<b>£10.00</b>
Tossed mushrooms & garlic drizzled with hollandaise sauce, served on a garlic ciabatta	
<b>Homemade Chicken Liver &amp; Pancetta Pate</b> GFO.....	<b>£11.00</b>
With toasted sourdough and chilli jam chutney	
<b>Vegetable Pakoras</b> V VE GFO.....	<b>£9.50</b>
With salad, mango chutney and mint raita	

# Salads

All served with a bread roll

<b>Cajun Chicken</b> GFO.....	<b>£18.00</b>
Chicken breast marinated in Cajun seasoning with mango chutney	
<b>Beer Battered Halloumi</b> V GFO.....	<b>£18.00</b>
Authentic halloumi made in Cyprus; beer battered in our own local ale with sweet chilli sauce	
<b>Prawn &amp; Smoked Salmon</b> GFO.....	<b>£22.00</b>
Cartmel valley smoked salmon and prawns with Marie Rose sauce	

# Gourmet Burgers

All served with fries

<b>Vegan Quarter Pounder</b> VE GFO.....	<b>£19.50</b>
Plant based beef style burger with applewood cheese, tomato, lettuce, onions, mayonnaise served on a potato bun	
<b>Chargrilled BBQ Chicken Burger</b> GFO.....	<b>£19.50</b>
In a ciabatta with pineapple, Lancashire cheese, rocket and tomato	
<b>Homemade Steak Burger</b> .....	<b>£19.50</b>
In a brioche bun with smoked bacon, onions, Cheddar, baby gem lettuce, tomato, and mayo	

# Mains

<b>12oz* Gammon Steak</b> GFO.....	<b>£21.00</b>
With free range egg, tomato, and pineapple fritter served with chunky chips, salad & coleslaw	
<b>Lamb Henry</b> .....	<b>£27.00</b>
Slow roasted Cumbrian lamb on a bed of pea and mint mash with veg and minted gravy	
<b>Sweet Potato &amp; Chickpea Curry</b> VE GFO.....	<b>£19.50</b>
Served with pilau rice, popadom naan and mango chutney	
<b>Beer Battered Haddock</b> GFO .....	<b>£21.00</b>
With chunky chips, mushy peas and tartare sauce	
<b>Pan Fried Fillet of Cod Loin</b> GFO.....	<b>£25.50</b>
Served on crushed new potatoes with a prawn and chorizo croquette, drizzled with a tarragon cream reduction, topped with buttered spinach	
<b>Duo of Chef's Roasts</b> GFO .....	<b>£21.00</b>
Served with all the trimmings	
<b>Chef's Roast of the Day</b> GFO.....	<b>£19.50</b>
Served with all the trimmings	
<b>Sweet &amp; Sour Chicken</b> .....	<b>£20.00</b>
Homemade sauce with beer battered chicken and seasonal vegetables, served with rice	
<b>28-day Matured Sirloin</b> GFO.....	<b>£35.00</b>
10oz* sirloin with a cherry tomato & mushroom skewer, served with chunky chips and salad	
<b>Halloumi &amp; Pepper Skewer</b> V GFO .....	<b>£19.50</b>
Served with a sweet chilli dip, fries, and salad	
<b>Cumin Butternut Squash &amp; Lentil Wellington</b> VE.....	<b>£19.50</b>
Served with new potatoes and salad	
<b>Whitby Scampi</b> .....	<b>£19.00</b>
With chunky chips, garden peas and tartare sauce	
<b>Trio of Cumberland Sausage</b> .....	<b>£19.50</b>
Creamed mash, vegetables and caramelized onion gravy	
<b>Crooklands Steak, Ale &amp; Mushroom Pie</b> .....	<b>£19.50</b>
Slowly braised in Crooklands ale, topped with short crust pastry, chunky chips, and mushy peas	
<b>Beer Battered Chicken Strips</b> GFO.....	<b>£19.50</b>
With a sweet chilli dip, salad, and fries	
<b>Sourdough Pizza of the Week</b> VE .....	<b>£18.50</b>

# Smaller Portions

<b>Roast of the Day</b> GFO .....	<b>£16.00</b>
With all the trimmings	
<b>Beer Battered Chicken Strips</b> GFO.....	<b>£16.00</b>
With a sweet chilli dip, salad, and fries	
<b>Beer Battered Haddock</b> GFO .....	<b>£16.00</b>
With chunky chips, mushy peas and tartare sauce	
<b>6oz* Gammon Steak</b> GFO.....	<b>£16.00</b>
With egg, pineapple fritter, chunky chips, and peas	
<b>Whitby Scampi</b> .....	<b>£16.00</b>
With chunky chips, garden peas and tartare sauce	
<b>Garlic Mushrooms</b> V .....	<b>£16.00</b>
Tossed mushrooms & garlic drizzled with hollandaise sauce, served on a garlic ciabatta	

# Sides

<b>Onion Rings</b> .....	<b>£6.00</b>
<b>Fries</b> .....	<b>£5.75</b>
<b>Chunky Chips</b> .....	<b>£6.00</b>
<b>Side Salad</b> .....	<b>£4.40</b>
<b>Portion of Fresh Vegetables</b> .....	<b>£4.50</b>
<b>Yorkshire Pudding</b> .....	<b>£1.75</b>
<b>Bread Roll</b> .....	<b>£2.20</b>
<b>Floured Bap</b> .....	<b>£2.60</b>
<b>Cheesy Chips</b> .....	<b>£7.50</b>
<b>Garden Peas</b> .....	<b>£3.00</b>
<b>Coleslaw</b> .....	<b>£3.00</b>
<b>Extra Egg</b> .....	<b>£1.50</b>

# Sauces

<b>Pepper</b> .....	<b>£3.75</b>
<b>Garlic &amp; Prawn Butter</b> .....	<b>£3.75</b>
<b>Garstang Blue</b> .....	<b>£3.75</b>

All our food is home cooked to order so please allow for cooking time.

Allergies: please advise a team member on ordering if you have any allergies or dietary requirements.

- \* approximate weight
- GFO Gluten Free Option available
- V Vegetarian
- VE Can be made vegan



## Sandwiches

Cold sandwiches are served 12pm - 4.30pm

Hot rustic rolls are served 12pm - 2pm

### COLD SANDWICHES

Served on white, granary or gluten free bread with salad garnish and crisps

Ham & Piccalilli GFO .....	£10.00
Tuna Mayonnaise & Cucumber GFO .....	£10.00
Lancashire Cheese & Damson Chutney GFO V.....	£10.00
Turkey with Trimmings GFO .....	£10.25
Beef & Horseradish GFO .....	£10.25
Prawn & Marie Rose GFO .....	£12.00

Why not add a Bowl of Soup for £4.00

### HOT RUSTIC ROLLS

Served on a white roll with salad garnish and fries

Roast Beef with Gravy GFO .....	£15.50
Turkey served with Gravy & all the Trimmings GFO .....	£15.50
Cumberland Sausage & Caramelized Onions.....	£15.50
Cajun Chicken with Mango Chutney GFO .....	£15.50
Beer Battered Fillet of Haddock with Tartare Sauce .....	£15.50
Smoked Bacon, Brie and Cranberry .....	£15.50
Curried Halloumi, Peppers, Pakoras & Mango Mayonnaise GFO	£15.50

HOME  
COOKED  
WITH CARE

## Children

1 Course .....	£9.50
2 Courses .....	£11.75
3 Courses .....	£14.00

Available up to 12 years old

### STARTERS

#### Home Made Soup

Please ask for today's special

#### Fruit Juice

Choose from Apple or Orange

#### Cheesy Garlic Bread

Garlic ciabatta topped with cheese

### MAINS

#### Margherita Pizza

#### Scampi

#### Battered Chicken Strips GFO

#### Sausages

All the above served with any two of the following: chips, mash, beans or peas

#### Chef's Roast GFO

Choose from Beef or Turkey, served with all the trimmings

#### Cheese & Tomato Pasta

Served with garlic bread

### DESSERTS

#### Ice-Cream

1 scoop of vanilla, chocolate, or strawberry

#### Strawberries & Grapes

#### Chocolate Brownie

Served with vanilla ice cream

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